

## Two Minutes in Daily Prayer

### **The Jesus Creed** *(each morning when you wake)*

"Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength." The second is this: "Love your neighbor as yourself." There is no commandment greater than these. Amen.

### **The Lord's Prayer** *(each evening before you sleep)*

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.